

Laser Light Paper Transfer Instruction

Introduction

Heat pressing is a way to add your own artwork to a clothing item or personal accessory. A printed design, image or text is applied the fabric . Follow these steps to heat press a t-shirt.

Items needed :Computer vs Graphic design software

Laser printer
 Laser light heat transfer paper
 Scissors
 T-shirt 100% cotton or poly/ cotton blend **white or light colored fabric**
 Heat press



1. Design

Choose the image or design the artwork you want to press onto the T-shirt. Ideas include a personal digital photograph, an abstract artistic design or a slogan. Use graphic design software to create or edit your T-shirt's artwork as necessary. Horizontally flip the image or artwork using the software to reverse it.



2. Print

Flip the image using the software Print the **reversed (mirror)** image or artwork onto heat transfer paper. Load the heat transfer paper into your printer so the artwork or image prints onto the **film side of the paper**.



3. Trim

Cut out any parts of the transfer paper you do not want to press onto the T-shirt.



4. Transfer onto t-shirt

Preheat the heat press machine , and set the recommended transfer temperature to 185 °C Place the T-shirt on a heat press. Lay the mirrored artwork or image **face down** over your chosen T-shirt. Put the isolation paper on the image. Transfer for 15-30 seconds under certain pressure.



5. Cool down

After transferring, then remove the garment from the heat area



6. Peel

Peel off the base paper immediately, or when it is warmed or cooled for your best results.