

# Laser Dark Paper Transfer Instruction

## Introduction

Heat pressing is a way to add your own artwork to a clothing item or personal accessory. A printed design, image or text is applied the fabric . Follow these steps to heat press a t-shirt.

## Items needed :Computer vs Graphic design software

Laser printer  
 Laser dark heat transfer paper  
 Scissors  
 T-shirt 100% cotton or poly/ cotton blend **light/dark colored fabric** .  
 Heat press



### 1. Design

Choose the image or design the artwork you want to press onto the T-shirt. Ideas include a personal digital photograph, an abstract artistic design or a slogan.  
 Use graphic design software to create or edit your T-shirt's artwork as necessary. Horizontally flip the image or artwork using the software to reverse it.



### 2.Print

Flip the image using the software  
 Print the image or artwork onto heat transfer paper.  
 Load the heat transfer paper into your printer so the artwork or image prints onto the **film side of the paper**.



### 3.Trim

Cut out any parts of the transfer paper you do not want to press onto the T-shirt.



### 4.Peel

Peel off the image layer gently



### 6.Cool down

After transferring, then remove the garment from the heat area



### 5.Transfer onto t-shirt

Preheat the heat press machine , and set the recommended transfer temperature to 165 °C  
 Place the T-shirt on a heat press.  
 Lay the artwork or image **face up** over your chosen T-shirt. Put the isolation paper on the image. Transfer for 15-30 seconds under certain pressure.

